



The UPDATE

The ALS Association's Newest Goal

*Making ALS a Livable
Disease by 2030 // pg. 2*

A Focus on Innovation

*New Science and
Spaces Offer Greater
Access for Patients and
Caregivers // pg. 8-9*



AN UNEXPECTED FIGHT

Local UFC Star Joaquin Buckley & His Grandmother Battle ALS Together // pg. 11



Making ALS a Livable Disease by 2030

MEMBERS OF THE ALS COMMUNITY,

It's hard to believe it has been six months since I started in this role—what a wonderful adventure it has been! In February, COVID-19 was still at the forefront of our world, presenting us all with life-changing twists and turns. During this difficult time, I saw our community step up in the brightest of ways. People with ALS and their families shared their stories, giving us lessons about isolation and hardship, but also about how to find the good in every small moment. People who had the means to give, gave generously. And volunteers stepped up behind the scenes, helping write thank you notes to supporters, drop off Walk packets on doorsteps and, as things became safer, helping people with ALS and their families with outdoor home improvement projects. The message “ALS doesn’t stop, so neither will we” rang true, and it was this support and perseverance that has allowed The ALS Association St. Louis Regional Chapter to withstand the COVID crisis.

One of the things I love most about this work is the opportunity to interact with, listen to and learn from so many different people in our community. It has been a distinct pleasure to walk alongside you to understand your experience, and to put our heads together to determine how to best serve the needs of our ALS community.

The community’s perspectives helped shape the direction of the Association’s

new 2021-2024 strategic plan. You told us that significant change is needed and that we cannot wait to move the needle closer to a cure. Our plan does not shy away from this. The goal? Make ALS a livable disease by 2030. How? By doing whatever it takes to proactively influence the research landscape, enhance our clinical experience and access to clinical trials and work with our community to understand the diversity within our population and how we can provide the most helpful and innovative care services and resources possible.

While sharing this vision, I acknowledge that 2030 feels distant for those living with the disease today. For people living with ALS, we will move forward with the same intensity and focus on the here and now. This means creating a universally designed office space that is welcoming and functional for training and learning; developing additional support for caregivers (including a caregiver curriculum); and seeking new legislative partnerships and collaborations to expand grant programs like caregiver relief and Jane’s Angel Fund.

So, onward we go. While we recognize the past and look to it for understanding and lessons, we will continue to move forward in focused, bold ways. I look forward to seeing you at one of our upcoming events or in our new office space. Please come by, check it out and say hello—the door is always open.

WITH GRATITUDE,

KATIE MCGOVERN, PRESIDENT/CEO

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Welcome Our

New Board Members & Staff

VITHYA MURUGAN, PH.D., M.S.W., BOARD MEMBER

As an assistant professor of Social Work at Saint Louis University, Dr. Murugan brings extensive knowledge and passion for a variety of causes, including cultural competency, gender empowerment and serving vulnerable populations.

ELIZABETH SHOCKLEE, BOARD MEMBER

Elizabeth Shocklee is an attorney dedicated to improving the lives of ALS patients and their families as well as funding research for ALS. She has decades of experience in workers' compensation matters. Shocklee co-founded and serves as board chair of Our M.O.M., Inc. (Our Mark on Melanoma), which she founded with her seven siblings in 2007.

C.J. ROMANELLI, BOARD FELLOW

C.J. Romanelli became committed to serving people with ALS after losing his best friend's father to the disease in 2020. He is currently pursuing an MBA at Washington University. Romanelli brings years of experience working directly with ER patients as a medical scribe.



PAMELA DAUGHERTY, OFFICE ADMINISTRATOR

Pamela Daugherty performs administrative duties in support of the President/CEO and manages all general Chapter office operations, reception and accounting. She also coordinates with key staff to assist with staff recruitment and onboarding. Pamela has more than 15 years of experience working with adults and children with varied disabilities as an occupational therapy assistant.



BRITTANY HAFFORD, COMMUNITY OUTREACH AND DEVELOPMENT COORDINATOR

Brittany Hafford recently graduated from the University of Missouri-St. Louis with a Master of Social Work degree with a Certificate in Nonprofit Leadership and Management. She serves as the main point of contact for all current and future volunteers and coordinates our Swing for a Cure Golf Tournament and Kimmswick 5K events.

IN MEMORIAM

This list is in memoriam of our friends who passed between October 1, 2019 and June 30, 2021.

We offer our sincerest condolences to the families and friends of those who we have lost to ALS. Please accept our heartfelt sympathies for your loss and may they always be remembered in our hearts.

John Allen	William Chase	Jolene Gibson	Becky Kirkpatrick
John "Doug" Baker	Stephanie Christian	Nancy Gittemeier	Brenda Klein
Paul Barnick	Cedric Clarkson	Sam Gossage	Emmett Klump
Sherry Basham	Betty Colyer	Robert Granda	Brian Kneebone
Chris Batrano	Thurmon Compton	Joan Gribble	Thomas Kohler
Glen Beck	Cecelia Connerton	Donna Hacker	Jerry Koons
Nancy Bennett	Karen Cotner	Jeff Haley	Craig Kramer
Joel Berrey	Margaret Crawley	Debra Harbin	Sharon Kronk
Ronald Blades	Sandra Cuneo	Ralph Hart III	Jason Krueger
David Boes	Robert Cuvar	Beverly Harvey	Rodney LaBarge
Aaron Borchelt	Dennis Denham	Dina Hoffman-Rice	Michael Lachtrup
June Boston	Barry Dicker	Annis Holzgrafe	Kenneth Lange
Ralph Bouren Jr.	Daniel Dondanville	Richard Huddleston	Jacqueline Leininger
Bryan Bradford	Arthur Edmonds Sr.	Eric Huff	Connie Letner
Janet Brisky	Jesse "Gail" Edwards	Marsha Hughes	Larry Lewis
Barbara Buchanan	Troy Ellis	Belinda Ireland	Glennon Lindemann
Donald Buechler	Eileen Elston	Dale Jackson	Delores Lindsay
Patrick Burns	Vincent Eschbacher	Danny Jackson	Elizabeth "Betty"
Arnold Burris	Sue Eye	Denzel "Doc" Jines II	Lyerla-Buffer
Daniel Cahill	Steven Fasick	Linda Jinkerson	Tara Lynch
Lindell Canaday	Bradley Finney	Beverly Johnson	Thomas Majda Jr.
Chris Canepa	David Fraley	Patricia Jones	Tina Mantia
John Cannon II	Timothy Fuller	Stephen Jones	Michael Maretti
James Carnahan	Rachel Garcia	Elaine Katz	Mark Marshall

IN MEMORIAM

(Continued)

October 1, 2019-June 30, 2021

We offer our sincerest condolences to the families and friends of those who we have lost to ALS. Please accept our heartfelt sympathies for your loss and may they always be remembered in our hearts.

Randall Martin	Susanne Politte	William Shriver	Ralph Vatterott
John Mattern	Stephanie Polston	Kenneth Slifer	Judy Vitali
Terry Mayo	Melissa Popp	Harold Smith	Carol Volk
Donna McCarthy	Holly Powers	Tracey Smith	Beverly Walsh
Robert "Bob" Meyer	Betty Purschke	Thelma Spencer	Deborah Ward
Robert Minnick	Thomas Radcliff	Charles Stecher	Linda Webb
James Mitchell	Judith Randolph	Marilyn Steinberg	Helen Weintritt
David Monroe	Anita Reis	Vickie Stephens	Rodney Weldon
Jeannette Moody	Timothy Reyes	Tommy Stites	Dennis Werkmeister
Ronald Moore	Shelia Riddick	Spencer Stratman	Walter Westfall
Robert Morr	Raymond Ridens	David Strauser	Paul Wheeler Jr.
Lewis Morton	Daniel Rideout	Blakely Sullivan	Silas White Jr.
Joseph Nichols	Michael Roberts	John Sullivan	Reed White
Ida Nickens	Shirley Rodgers	Keith Sutton	Billie Williamson
John Niehaus	Kevin Roy	Ronald Swanson	Richard Wilson
Bernard "Tom" O'Brien	Gary Schaefer	Tyrone Taborn	Phil Witte
Jim Owens Jr.	Michael Schneider	Linda Talley	Maria Wojcik
Michael Pangburn	Jamie Secrest	Mary Taylor	Lou-Ann Wright
Kenneth Parker	Richard Sellers	Richard Teem	William Wylder
Jeffrey Partrich	Robert "Bob" Shaw	Lynn Thompson	Guiqin Xu
Gary Peters	Kathleen Shepherd	John Tinsley	Martin Yearout
Daniel Pierson	Mary Sheriff	Marilyn Toennies	Michael Yochim
Dennis Pijut	David Shippee	Raymond Toth	

An Integrated Approach. Award-Winning Care.

Caregiver Relief Program Recognized by the ARCH National Respite Network and Resource Center

THE ALS ASSOCIATION St. Louis Regional Chapter Caregiver Relief Program has been recognized by the ARCH National Respite Network and Resource Center as an Innovative and Exemplary Program, joining only four other respite services nationwide to be acknowledged as such in 2021.

“We are honored to be recognized with this prestigious award,” says Anna Zelinske, Director of Programs and Services. “The Caregiver Relief Program is one that has been in place for many years, providing a much-needed break to those who are providing endless care for a loved one with ALS. We are proud to have a program that recognizes the full-time caregiver’s need for a short

break, and provides the opportunity for them to recharge and re-energize in order to be able to continue their vital care.”

In announcing the honor, the ARCH National Respite Network noted the program’s attention to supporting both caregivers and the person with ALS in an integrated approach to care. They also applauded the clarity and specificity of goals related to improved quality of life of both caregivers and their loved one with ALS, the relief from stress for caregivers receiving respite and the way the Chapter measured these goals and related outcomes.

“We hope that The ALS Association St. Louis Regional Chapter Caregiver

Relief Program will inspire and inform the respite field and the public and help to build and promote stronger respite opportunities for caregivers across our network and the nation,” says ARCH National Respite Network and Resource Center Director Jill Kagan.

The St. Louis Chapter becomes the second ALS Association Chapter to be recognized as an Innovative and Exemplary Program by ARCH, joining the Minnesota/North Dakota/South Dakota Chapter, which was honored in 2020.

SHARE STORIES, FIND COMMUNITY

New Virtual Support, Just for Caregivers

If you’re a caregiver interested in a monthly virtual support group, we’d like to hear from you. As we decide when and how to meet, let us know what works for your busy schedule by emailing info@alsastl.org and we’ll do the rest.

STRONGER TOGETHER

Support Group for People with ALS & Caregivers

Although each person’s ALS journey can vary drastically, support groups offer unparalleled comfort and connection, whether in a traditional face-to-face setting or through an online forum.

We offer a virtual support group meeting the second Tuesday of every month. You can register online at: bit.ly/ALSASTLSupportGroups

BEGIN A JOURNEY OF HEALING

Join us for a 6-Week Bereavement Program

This group is offered in the spring and fall and asks that participants commit to attending weekly for the six weeks. The fall 2021 program will begin Oct. 7. Visit bit.ly/BeyondALSGriefSupport to register or for more information.

Coming Soon: A Space for Everyone

*New Office for the
St. Louis Regional Chapter*



The Chapter moved office spaces and will be undergoing renovations to make the space accessible for all. Stay tuned for more.

OUR CHAPTER MOVED to a new location in March of last year. As of now, the office plans to be fully staffed and back to normal operations after Labor Day 2021, but this is subject to change as we monitor the ever-changing effects of COVID-19.

Chapter staff kept the future at the forefront of their thinking throughout the process of looking for a space that would offer more than just work cubicles and storage.

At the “headquarters,” as the Chapter’s President/CEO, Katie McGovern, refers to it, the team has pushed to incorporate universal design, with plans to make the office completely accessible to anyone who visits. Adjustable shelves and wheelchair-accessible surfaces, like the

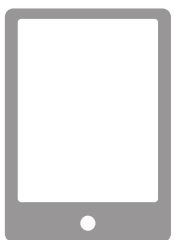
kitchen countertops, will be a norm in the new space. Staff is also looking to add motion sensors or push buttons for doors.

Making the entire office universally accessible was the main priority. “Accessible, to us, means that every single person can use all of our features,” Director of Development, Natalie Pottebaum, says. “The ALS Staff including an occupational therapist, a former caregiver, and members of the Inclusive Design Alliance from Compass Design Build are working together to ensure the multifunctional space will be inclusive to everyone.”

The Chapter is also in the process of developing an Accessible Learning Space that simulates a home. The

space will include a bed, bathtub, toilet and smart home features to help train caregivers in real-life situations. Other home equipment can be demonstrated and rented from the loan closet.

This future space is extremely important in allowing both caregivers and patients to be more knowledgeable and safer in providing/receiving care at all stages of the disease. The team hopes that this will help prepare the next generation of caregivers in ways that were never possible before.



CONNECTED CARE FOR PATIENTS

USING GRANT FUNDS, The ALS Association St. Louis Regional Chapter purchased five tablets for people with ALS to use. These tablets include 6 to 12 months of internet access and can help coordinate clinic visits, stay in touch with doctors, reach support groups, and contact family and friends. Contact your Care Service Coordinator to schedule a rental.

One Stop for ALS Patients

New Saint Louis University Hospital and ALS Clinic

NEWS FOR ALS PATIENTS: Saint Louis University and SLUCare Physician Group joined SSM in 2020 and opened a new, \$550 million SSM Health Saint Louis University Hospital. The state-of-the-art facility features a new space for SLUCare's ALS Clinic. The clinic is the only ALS Association Certified Center of Excellence in St. Louis. With its new space, it offers patients and caregivers expanded space and access to care.

SLUCare's ALS Clinic is open the second and fourth Friday of each month and offers a multidisciplinary approach to treating ALS. The clinic is a one-stop shop for people with ALS to see neurologists, physical therapists, occupational therapists, counselors and nutritionists. Because everything is now in one space, patients and caregivers do not have to

deal with excessive transportation or delays in lab work or X-rays.

The SLUCare Clinic and The ALS Association share a goal of making ALS a livable disease. The St. Louis area clinics and The ALS Association work hand-in-hand to provide the best service possible.

"They [the Chapter] do an excellent job as being our eyes and ears in the community, where they are doing home visits with patients," says Nancy Schlechte, a social worker who has worked with the SLUCare ALS clinic for 12 years. "They are seeing how the patients and families are managing in their own home environment."

Neurologist and medical advisor for The ALS Association, Dr. Ghazala Hayat, MD, agrees. "I always consider them

contributors/collaborators to patient care," she says.

While both groups aspire to make this a livable disease, Dr. Hayat encourages every ALS patient to get in touch with a multidisciplinary clinic.

"I know this is a progressive neurodegenerative disorder, but please don't give up, and don't give up hope," she says. "Multidisciplinary clinics improve your quality of life—some studies show they can even prolong your life. I always tell patients to visit a university or a multidisciplinary clinic and get regular care every two to three months. The quality of life is much better."

Visit bit.ly/ALSCentersAndClinics for more information on getting connected with an ALS clinic in your area.

Washington University St. Louis and St. Jude Awarded Grant for ALS Research

**5-YEAR
GRANT**



**\$3.1
MILLION**



THE GOAL OF THE STUDY is to uncover the mechanisms underlying the formation of solid inclusions of RNA-binding proteins and to enable future identification of new therapeutics for ALS and other neurodegenerative diseases—hopefully a major development to finding treatments for ALS.¹

¹bit.ly/StJudeALSResearchGrant

A Zoom Call with Congress

Advocacy Day Goes Virtual in 2020 & 2021

WHAT WAS ONCE a hectic and eventful day filled with door knocking on Capitol Hill was replaced with a day of back-to-back Zoom calls. But for The ALS Association, the cause remained as important as ever. Nothing would stop the Chapter—not even a global pandemic.

Virtual advocacy day 2021 included video calls with both Missouri senators, and our Chapter was able to coordinate the calls with the Mid-America Chapter so the senators could hear from advocates across the entire state in one meeting. One advantage of a remote event: People with ALS were able to be even more involved. Because travel can be difficult for people with ALS, only two Chapter members with ALS typically visit Capitol Hill. This year, more people were able to take part and share their

stories via Zoom. However, while being virtual may have allowed for a broader reach, some believe the impact of in-person communication was missed.

“We do lose a lot from not having face-to-face contact, including the humanity of the situation,” said ALS Association St. Louis Regional Chapter board member and National ALS Association board of trustees member, Mark Calmes. “If a staffer has never seen someone with ALS, especially someone in a wheelchair and on a ventilator, they will not get the emotional connection. Conversely, we can’t look them in the eye and show our sincerity, nor can we see theirs when they commit to working with us or offer to investigate our asks.”

THIS YEAR, MORE PEOPLE WITH ALS were able to take part and share their stories via Zoom, allowing for a broader reach.

Even without face-to-face contact, legislators seemed to be listening. One specific interaction Director of Programs and Services for Patient Care, Anna Zelinske, recalled from 2020 was with former Rep. Lacy Clay (D-MO). While Clay had participated in the call from the start, Zelinske noticed a change when Steve Ziegler, who has ALS and met Clay before, told his story.

“Steve got emotional talking about his young son, and [Rep. Clay] was very compassionate towards him and told him to take as much time as he needed. You could tell he understood that ‘this is where I need to be right now,’” says Zelinske.

Hopefully, advocates will be able to travel to D.C. to meet with Congress members again next year. But even over the phone and during a time with many issues competing for their attention, the messages from people with ALS still resonated on Capitol Hill.

Our Chapter thanks everyone who has committed to help with the search for treatments and a cure. ALS doesn’t stop, and neither do we.

Heroes Face Another Fight

U.S. Military Veterans Are Twice as Likely as the General Population to Be Diagnosed with ALS

MULTIPLE STUDIES have shown that military veterans are twice as likely to receive an ALS diagnosis than the general population.¹

It is important to recognize trends so that advocacy groups like The ALS Association can better tailor advocacy, research and legislative actions. Those having served in the United States military, regardless of branch of service, era in which they served or whether they served during a time of peace or a time of war, are more likely to develop

ALS. Approximately 16 percent of new diagnoses per year are given to military veterans.² Although the reason remains unknown, potential factors may include tobacco or alcohol use, extreme physical exertion or exposure to lead, pesticides or other environmental contacts.

Veterans with ALS can visit: bit.ly/ALSCentersAndClinics to learn more about the ALS Association Recognized Treatment Center at VA St. Louis Health Care System, John Cochran Division.

¹bit.ly/ALSVeteransRisk ²bit.ly/ALSMilitaryVeterans



AN UNEXPECTED FIGHT

*Local UFC Star & His Grandmother
Battle ALS Together*

YOU WOULDN'T KNOW just by looking at 27-year old UFC Knockout of the Year Winner Joaquin Buckley that he's facing challenges brought on by a neurodegenerative disease. Though he's not the one experiencing symptoms, his life was forever altered when his grandmother was diagnosed with ALS in 2017.

For Buckley's entire life his grandmother, Peggy Brooks, had taken care of him—but with her diagnosis, it became his turn to take on the role as caregiver. While this is an extremely difficult job for anyone, Buckley did not hesitate to fight another battle: this time, for his beloved grandmother.

Buckley explains that while the person playing the role of caregiver has changed, the nature of their relationship remains the same. "We laugh together, love together and get frustrated

together, just like we always have," he says.

While Buckley humbly disagrees that he is a public figure, he understands that he's in a position to speak out about ALS. Like many others, he was in the dark about ALS prior to his grandmother's diagnosis and had to learn quickly. He speaks out about the impact of the disease because most people would never know that he is dealing with the hardships of ALS. "You never know what someone is going through," he acknowledges.

This is often the concern for those who are dealing with ALS; many feel as though they are alone in this fight, and it takes people like Buckley to normalize asking for help and seeking out support.

Luckily, in the case of Buckley and Brooks, there is no lack of support. Buckley receives an abundance of help from his family, girlfriend and the ALS Association St. Louis Regional

Chapter. For example, for Christmas one year, Buckley was able to rent a lift that allowed his grandmother to put ornaments on the tree with him. Buckley notes it is things like this that make their experience with the Chapter particularly special.

To balance his professional career as an athlete with responsibilities as a full-time caregiver, Buckley and his family have created a tight schedule to make sure Brooks is always taken care of. While it takes many sacrifices, a support system can make all the difference.

While he describes his grandmother as, "the glue that held us together," the whole family has rallied to help her—so much so that Brooks tells her family ALS does not stand for Amyotrophic Lateral Sclerosis but rather, "Abundance of Love and Support." It's an inspiring sentiment anyone can use to remember the importance of community.



Swing for a Cure Golf Tournament & Auction

Presented by Associated Bank

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PAR SPONSORS



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19TH HOLE SPONSORS

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McCarthy Building
Companies, Inc.

Numotion

Permobil Foundation

RN Services

The St. Louis Trust
Company

Wine-Tapa

Wolff and Taylor

WHERE

Glen Echo Country Club
3401 Lucas and Hunt Road
St. Louis, MO 63121

WHEN

Friday, Aug. 27, 2021

REGISTRATION AND BRUNCH

8:30 a.m.

SHOTGUN START

10:00 a.m.

FIND OUT MORE AT

bit.ly/2021SwingForACure



Springfield Walk to Defeat ALS®

THE SPRINGFIELD WALK TO DEFEAT ALS is a day for families impacted by ALS to come together and support one another, whether they are walking in honor or in memory. Join us for an afternoon in the park and bring your pop-up tent and picnic lunch! We will have yard games, a live band, silent auction, raffle and more.

Walk Your Way is a virtual option that allows teams to host their own neighborhood walk. The aim is to not only to rally friends and family, but also neighbors and those within your community to be a part of a local Walk Your Way event.

NATIONAL SPONSORS



LOCAL SPONSORS



WHERE

Southwind Park
4965 S. 2nd St.
Springfield, IL 62703

WHEN

Sunday, Sept. 19, 2021

CHECK IN

1:00 p.m.

WALK STARTS

2:00 p.m.

FIND OUT MORE AT

web.alsa.org/SpringfieldIL



NEW EVENT

Game On!

The ALS Association's Premier Dinner Event

GAME ON! is our Chapter's new premier dinner event, combining fun and fundraising in one elaborate extravaganza. This party will be a "Game Changer" inspired by the popular game show *Family Feud*, with two competing teams made up of local celebrities and guests.

Take part in a live and silent auction, celebrity incentives and tough competition! Guests can also buy their way onto a celebrity team to be a part of the fun. The team that raises the most money gets points added to their score BEFORE the game begins. The team with the most points at the end of the night will be crowned the winner.

As a special addition to the evening, the Game Changer Award will be presented to an individual or company instrumental in the fight against ALS.

WHERE

St. Louis Union Station

WHEN

Friday, Nov. 12, 2021
6:45 p.m.

FIND OUT MORE AT

bit.ly/2021GameOn

GET INVOLVED

VOLUNTEER YOUR TIME

Volunteers are essential to the work we do at the ALS Association. Friendly faces are needed in a variety of areas including patient support, office assistance, event participation and board membership. People of all abilities and ages are encouraged to apply on our website.

PARTNER WITH US

Gifts from corporate supporters are crucial in the fight against ALS. Options are endless—we'll work with you to customize a partnership that best supports your company's philanthropic goals. Double your impact by pursuing a matching gift with your company. The process is usually very simple and ALS Association staff are happy to help navigate as needed.

BECOME AN ADVOCATE

We encourage lawmakers on the state, federal, and local levels to implement public policy that improves the lives of people living with ALS. People with ALS need your help and your voice.

DONATE TO THE CHAPTER

General donations are the foundation of our work and make effective programming possible. Our Chapter offers various ways to give, including monthly giving and an honorarium/memorial program. You can also set up a fundraising page from your Facebook account. The ALS Association St. Louis Regional Chapter is a not-for-profit, tax-exempt organization. All general donations to the Chapter are tax-deductible.

Explore more ways to help at bit.ly/ALSASTLGetInvolved

St. Louis Walk to Defeat ALS®

Presented by Dowd Bennett, LLC

\$347K RAISED AS OF
AUGUST 5

77% OF OUR GOAL
(\$450,000)

THANK YOU to everyone who joined us on June 26 for our second annual ALS Association St. Louis Regional Chapter's Walk Your Way event. Despite the heat, rain and other obstacles, our ALS community came out in force all across the St. Louis Region. This year's walk was a huge success. As of Aug. 5, we've raised \$347,000 which is 77 percent of our \$450,000 goal.

As we know, the Walk is just not one day. It is an entire year of fundraising and spreading the mission that helps us support people living with ALS and their families. Even though we couldn't walk together in Forest Park this year, our community of ALS advocates is stronger than ever.

Fundraising for the St. Louis Walk to Defeat ALS will remain open until the end of November. Donate at: WalktoDefeatALS.org

PRESENTING SPONSOR



SPONSORS

RAYMOND JAMES



The Family of
Ray Van de Riet, Sr.

11th Annual Kimmswick 5K

Presented by Blue Owl Restaurant & Bakery

THANK YOU to everyone who joined us on July 24 for our 11th annual Kimmswick 5K in historic Kimmswick. It is always wonderful to have the community come together in commemorating the Ratliff family, who created this race in honor of their loved one, Nancy.

Find out more about donating at: bit.ly/DonateNowToALSA



\$42K RAISED

PRESENTING SPONSOR



SPONSORS

Express Mart

Numotion

Burgess Orthodontics

Porta Party DJs

Jefferson Co. Running Club

MLB Celebrates Lou Gehrig Day

Baseball Rivalries Across the Country Support the Same Team

THE LEGACY OF THE IRON HORSE was felt across Major League Baseball—and the nation—on June 2, as it will be each year going forward. In honor of Lou Gehrig and in support of the fight to end ALS, every player, manager and coach wore a special uniform patch and red “4-ALS” wristbands. Messages about ALS and efforts to find treatments and a cure were included in-stadium and on broadcasts. Across the world of baseball, the longstanding connection between the legendary Gehrig and the fight against the disease that took his life was evident.

Read more at bit.ly/LouGehrigsDay

Community Partner Events

Thank you to our community partners who organize creative and fun events that help raise money for research and families battling ALS. We would like to acknowledge the following events held from April through August of 2021:

20TH ANNUAL JIM SCHOEMEHL RUN

The 20th Annual Jim Schoemehl 5K Run took place on May 1 and was organized by Webster Groves High School students to benefit a local family fighting ALS and the Association. They made a generous donation of \$2,000 to the St. Louis Chapter.

SOUTHERN ILLINOIS MINERS ALS NIGHT

The Southern Illinois Miners ALS Awareness Night was held on June 13. This year, the pre-ballgame Walk took place around the field and a past patient family threw out the first pitch. ALS facts were read throughout the game and a staffed ALS table was available for anyone wanting more information or to donate. The event brought in more than \$700 in donations!

48TH ANNUAL ITALIAN OPEN

The Italian Open was hosted on Aug. 2 at The Legends Country Club in Eureka. Today, nearly 40 local charities benefit from The Italian Open, which distributes approximately \$150,000 annually. Our Chapter has been a beneficiary of this event for several years.

UPCOMING: HOT CIDER HUSTLE

The 5K run will take place on Nov. 6 at 8:30 a.m. For more information visit: missouriruns.com/stlouishotciderhustle

UPCOMING: ST. LOUIS HALF MARATHON

Join the St. Louis Track Club for the St. Louis Half Marathon on Sunday, Nov. 7, at the Muny in Forest Park. As their charity partner this year, our Chapter will receive a portion of the proceeds. For more information or to register, visit: runsignup.com/Race/MO/SaintLouis/StLouisHalfMarathon



HOST YOUR OWN COMMUNITY PARTNER EVENT

COMMUNITY PARTNER fundraising events are organized and managed by a family, group or individuals who would like to raise money to support The ALS Association St. Louis Regional Chapter. Examples include golf outings, bike rides, auctions, raffles, walks or runs. Have fun and support the Association at the same time.

Contact Elizabeth Roe at **314-432-7257 ext 226** or eroe@alsastl.org to get started.

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MISSION

To discover treatments and a cure for ALS, and to serve, advocate for, and empower people affected by ALS to live their lives to the fullest.

WHERE TO FIND US

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bit.ly/ALSADonateNow

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